






RISE TO SHINE 10K/5K/1M
Sunday, October 20, 2024

7:30 AM Pre-Race Stretch
 8:00 AM Race Start | 9:30 AM Kids' Race
 Hastings & Wood Streets
 Illinois Medical District
www.RiseToShineRace.com

-  **5K & 10K Course**
 5K=2 Laps
 10K=4 Laps
-  **1M Walk**
-  **Kids' Race**
-  **Start & Finish**

-  **Race Day Registration**
-  **Packet Pickup**
-  **Gear Check**
-  **Water Stop**
-  **Pace/Rideshare Dropoff**

