

Parent Support Group



Schedule: Last Tuesday of each month

Time: 6:30 – 8 p.m

Location: The Chicago Lighthouse Vision Rehabilitation Center
222 Waukegan Rd. | Glenview, IL 60025

For: Parents/caregivers of children with visual Impairments (birth - 18)

Fee: Childcare is provided. This program is offered FREE of charge with pre-registration but space is limited.

Led by Shelle Hamer, M.Ed, MA, this group will provide parents the opportunity to connect, learn, and discuss in a social setting:

- **Adjust to your child’s diagnosis: Working through feelings of grief, anger, guilt, helplessness, and isolation**
- **Achieve a positive attitude**
- **Cope with ongoing challenges**
- **Receive support from people that understand what you are going through**



The Chicago
Lighthouse
NORTH

Space is limited – pre-registration is required.

For more information, or to register, please contact
shelle.hamer@chicagolighthouse.org or (847) 510-2055.